

# disAbility Resource Center Happenings



## Ongoing Events

**IGNITE CHANGE!** Learn and advocate for the rights of people with disabilities. Contact Deborah Lately, [dlately@cildrc.org](mailto:dlately@cildrc.org), for meeting link. Meets the 3rd Tuesday of the month.

**SOLE Group!** Young adults with disability class. Meets 2nd and 4th Wednesdays of the month, 6-7:30 PM. Contact Brenda Boggs, [bboggs@cildrc.org](mailto:bboggs@cildrc.org), to register prior to attending class. Groups resumes on September.

**EMPOWERMENT GROUP** Facilitated adult group that encourages peer support as well as self and community advocacy to enable participants to overcome obstacles and build self-confidence. Wednesdays. 12pm - 1:30pm, Contact Grace Marshall, [gmarshall@cildrc.org](mailto:gmarshall@cildrc.org).

**GIVING BACK SOUND** Do you own hearing aids you no longer use? Donate them for someone else to use. Contact Diann Drew at the dRC 540-373-5980.

**THE HEARING LOSS OF AMERICA GROUP** Meets the last Monday of the month at 11 a.m. providing support, speakers, and information to help one learn to live with hearing loss. For more information, contact Diann Drew at 540-373-5890.

**THE ADULT AUTISM GROUP** Meets the first Friday night of the month at 7 p.m. Contact The disAbility Resource Center for more information, 540-373-2559 or [drc@cildrc.org](mailto:drc@cildrc.org).

**THE WELL SIBLING SQUAD** - For brothers and sisters, ages 10 to 16, who have siblings with disabilities. Contact Jocelyn or Jennifer Price at [sibsquad2018@gmail.com](mailto:sibsquad2018@gmail.com).

The disAbility Resource Center of the Rappahannock Area, Inc.

409 Progress St., Fredericksburg, VA 22401

540-373-2559 (voice), 540-373-5890 (CAPTION)

[drc@cildrc.org](mailto:drc@cildrc.org), [www.cildrc.org](http://www.cildrc.org)

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