

FIVE CORE SERVICES OF INDEPENDENT LIVING

Advocacy

Assist people with disabilities to understand their responsibilities and rights in regards to housing, employment, education, and community access.

Information & Referral

- * Provide information and resources to the community on disability related topics from the local, state and national levels.
- * Provide workshops and trainings for people with disabilities, their families and the community.

Peer Mentoring

- * People with disabilities assisting people with disabilities to pursue their goals and recognize their own abilities.
- * Provide family support to build and sustain positive and healthy relationships

Transition Services

- ◆ Assist people with disabilities to transition from nursing homes and institutional settings back to their homes and community.
- * Provide information and training to youth and their families about transition from high school to adult life.

Independent Living Skills Training

- * Assist people with disabilities to define their individual independent living goals and develop a plan to successfully meet those goals.

MISSION STATEMENT

Assist people with disabilities to achieve the highest potential and benefit of independent living by providing them, those who support them, and the community with information, education and resources.

Meetings, Workshops, and Support Groups

Visit www.cildrc.org for a complete listing of events and follow the dRC on Facebook, Twitter, Instagram, LinkedIn, and YouTube.



We welcome **DONATIONS** to support the work of the CIL. Donations can be made at cildrc.networkforgood.com or by mail. Donations can also be made when shopping online by going to Smile.Amazon.com and GoodSearch.com and selecting the dRC as your charity or through one of the following:
Combined Federal Campaign (CFC) #76880
Combined VA Campaign (CVC) #7942
Local Government Campaign (LGC) #6450
DESIGNATE YOUR GIFT TO ILPD#9

disAbility Resource Center



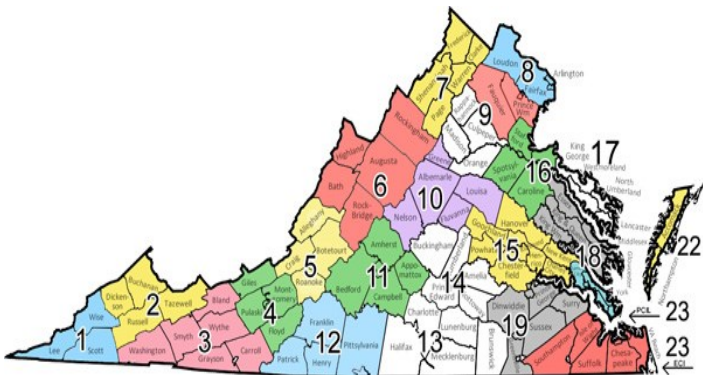
Now serving Culpeper, Orange,
Madison & Rappahannock
Counties

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SILC Mission

The Virginia Statewide Independent Living Council

- Developing, monitoring, reviewing and evaluating the State Plan for Independent Living,
- Supporting and expanding the state network of Centers for Independent Living,
- Creating a culture for full integration and independence,
- Advocating for systems change for full access and equality in community life
- Educating policy makers and stakeholders about the importance of independent living,
- Developing a strategy for collaboration among stakeholders in the disability community,
- Leading to full inclusion and independence in the Commonwealth.



Centers for Independent Living

What?

The dRC is a non-profit Center for Independent Living (CIL) that provides service and advocacy promoting independence, empowerment and productivity of people with disabilities. CILs work with both individuals and communities to remove barriers to independence and promote equality of persons with disabilities.

Who?

Unlike other organizations that assist people with disabilities, CILs are made up of the people it serves. A majority of the staff and Board of Directors are people with disabilities and family members of people with disabilities.

Why?

At the heart of the dRC's philosophy and operation is the fundamental belief that people with disabilities have the right of choice in their life and the right of full participation in all aspects of the community.

Development of a CIL

Centers for Independent Living are created through the efforts of local people with disabilities, their family members, friends, and other interested persons. As people become organized, they begin to assess the local needs, level of local interest and support for a Center. Successful establishment of a Center for Independent Living often depends on networking, personal involvement, coalition building, and a commitment to the empowerment of persons with disabilities.

CIL Services for Lower PD

The disAbility Resource Center was awarded a SILC grant to assist in CIL Development for Culpeper, Orange, Madison & Rappahannock Counties

Centers are non-profit organizations which are funded by state, federal, local, and private dollars.

Over \$1.5 million of general operation money for CILs in Virginia is funded under Part C of Title VII of the Federal Rehabilitation Act.

Virginia General Fund dollars for Center operations and Youth Transition Services currently exceed \$5 million. Over the last five years a portion of the General Fund dollars was used to expand Centers for Independent Living.

Centers also solicit local and private funding to meet service needs which have been identified at the local level.

WE NEED YOU!

If you are interested in your community developing a Center of Independent Living, join your friends and dRC in the creation of a CIL for people with disabilities, by people with disabilities to benefit the whole community!

For more information see www.cildrc.org or call 540-373-2559 Ext#101.