



The disAbility Resource Center

409 Progress Street

Fredericksburg, Virginia 22401

Phone: 540-373-2559 ▪ Fax: 540-373-8126 ▪ TTY: 540-373-5890 ▪ Toll Free: 800-648-6324

Website: www.cildrc.org

Federation of Families For Children's Mental Health & Behavioral Needs

*Family-facilitated support group on behalf
of children of all ages*

MEETING TOPICS INCLUDE:

SLEEP ISSUES AND BEHAVIORS

BULLYING

BEHAVIORS AND MARRIAGE

BEHAVIOR ASSESSMENTS AND PLANS

RESOURCES FOR SUPPORT

Facilitator, Mark Howard, MSSW

***Monthly meetings are held the 4th Thursday of the month
at The disAbility Resource Center***

***For information or registration, please contact Kim Lett at
klett@cildrc.org***

For all workshops at the disAbility Resource Center, please request accommodations at least ten (10) days prior to event date.